

VOLUNTEER INFORMATION

ARC-MACON SUMMER CAMP

Program Highlights

Swimming, Water-slide, Boating, Tubing, Fishing, Crafts, Horseback Riding, Tennis, Basketball, Archery, Putt-putt Golf, Zip-line, Dance, Talent Show, Movies, Games, and RELAXATION.

Departure: 9:30 a.m., Monday, (check for current camp week). Leave from the ARC parking lot, 4664 Sheraton Drive, Macon, Ga. ***Eat breakfast before you come-lunch served when we arrive at camp.***

Return: 1:00 p.m., Friday, back to the same location as departure.

Date: Monday – Friday (usually the last week of August)

Location: Camp Ascca, Jackson Gap, Alabama (www.campascca.org)

Expenses: None. Lodging, food, snacks, drinks, and supplies are provided.

Transportation: Chartered bus



Benefits: You will experience a very gratifying and enriching week that will allow you to help and share your life with adults affected by developmental disabilities. At the same time, you will be helping their parents who need and look forward to this week of free time. This experience is sure to give you new insight and respect for the potential and needs of all people with developmental disabilities.

Requirements: Volunteers must: (1) pass a criminal background check, which the ARC will pay for, (2) be at least 18 years old, (3) be available for the entire camp week (Monday-Friday) including overnight, (4) have a desire to be a friend and companion (not a boss) to the adults with disabilities at camp.

Food & Lodging: Counselors sleep in the same cabin with participants in their assigned group. Food is provided and served family style in an air-conditioned dining area. Camp Ascca is a beautiful campsite with modern, clean facilities; paved walkways, and covered program areas. Each cabin is air-conditioned and has several rest room and shower stalls.

Training/Orientation: Volunteers are required to attend a 2-hour training/orientation approximately 2-weeks before the camp week. The training is usually held on a Sunday afternoon. The first hour is spent going over participant's needs, volunteer responsibilities, camp rules, program plans, and cabin assignments. The second hour the participants and/or their parents/caregivers are present to meet volunteers and discuss what to bring, check-in procedures, etc.

Camper Information: Approximately 80 participants are expected ranging in age from 18 – 60. They will be grouped by age and sex. The range of mental disability will vary from mild to moderate. Some campers take medications, which will be kept and dispensed by medical staff. Participants that have unique medical, physical, or behavioral needs will have a personal care attendant working directly with them while at camp.

Responsibilities: (1) Treat all participants and volunteers with dignity, respect, and courtesy, (2) responsibility for 3-4 individuals, (3) walk with participants to the health lodge as needed and to meals on time, (4) be a companion (not a boss) to the participants in your group, (5) help participants take care of their personal needs and keep up with their belongings (*most participants are self-sufficient but may need verbal reminders and encouragement to shower, brush teeth, change clothes, etc.*) and (6) participate and help at all activities (encouraging participation but not forcing it).

PLEASE CALL FOR MORE INFORMATION: Karen LeBow, Community Service Manager
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478-803-1456 (office), or email klebow@maconarc.org